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MID-SOUTH INSIGHTS NEWS & STORIES



Mid-South Family Housing!

Spring and warmer weather are right around the corner. Here are some tips for a Healthy Spring.

Drink plenty of liquids

Add more fruits and vegetables to your diet

Schedule your annual exam with your doctor

Try to be more active—should be easier with the warming weather

Unplug from technology and hour a day —Give yourself a break from blue light

Try and get more sleep

Everything is blooming— prepare for allergies

Our President's Message



Hunt Military Communities celebrates the youngest members of our communities. The smallest warriors, the children, often make some of the most significant sacrifices moving from state to state, school to school, and having

parents deployed for long periods, along with the myriad other challenges military families face. We are proud to acknowledge and support the tremendous strength and resiliency children of our military families display. To recognize military children, we have launched our 2nd annual "Hunt Little Heroes." We ask that your children share stories of what they think it takes to be a hero and how they've been a positive influence in their community. Applicants are asked to submit a 300-word essay, a video no longer than 2 minutes, or a drawing telling their "Hero Story" in their own unique way. For the "younger" heroes, a photo with a short caption may also be submitted. All applicants will receive a complimentary Hunt Little Heroes cape and mask. We will select the top three submissions and give a cash prize to each. Applicants can visit [\[Lynette to provide link\]](#) to see if they qualify, and to submit their story. From all of us here at HMC, thank you for your service and sacrifice.

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STAFF LIST

Gregory Preston– Community Director
Veronica Nelson– Community Supervisor
Holly Holcomb– Leasing Specialist
Tammy Thorne– Resident Service Specialist (RSS)

Brian Pegram– Maintenance Director
Bud Thorne– QAQC
Marvin Thompson– Maintenance Tech.
Alicia Alberson– Maintenance Tech.

Follow us on Facebook to stay up to date with fun activities, to pass the time.

Win prizes with our FB page contests throughout the week!

Daily activities! Be on the look out!

WWW.facebook.com/midsouthfamilyhousing/

Base Contact Info

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HuntMilitaryCommunities.com

